

NEWSLETTER – April 2022



Young Farmers Kick Off a New Year!



Youngster from the Beersheba Football Club Under 12s have kicked off the year in style after signing up for this years' Young Farmers Club! The new recruits have begun the 12-month training programme and have already planted maize seeds as part of this first season. After training in the classroom, the boys headed out to their group plots and put what they had learnt into practice. They are looking forward to learning more, and growing more, in the weeks to come. They are also benefiting from the support of some of their friends who graduated from last years' programme and are now part of our new peer farmer initiative!









"Farming is one of the activities we cannot do without in our village, therefore it is a big opportunity for us to learn and acquire more knowledge. When a person is informed, they enjoy what they are doing and knowledge is the most important thing, which pays off with time.

I am happy to be learning how to grow crops and how to take good care of them. Farming is a source of income as well as food and we have learnt that the more crops you produce, the more food and income you can get." - **Aramanzani**

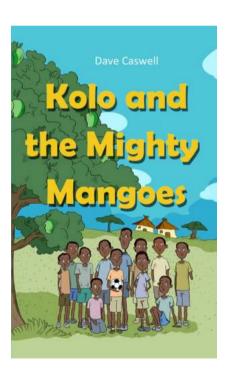


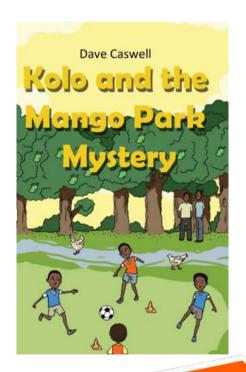
New Book to Support Young Footballers

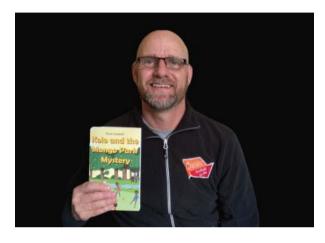
Oasis Football for Life Global Coordinator, Dave Caswell, has recently published his second book in the 'Kolo and the Mighty Mangoes' series.

'Kolo and the Mango Park Mystery' continues the story for Kolo and his friends in the Mighty Mangoes football team, with lots of life lessons to be learnt along the way.

Both books have been well received both within and outside the Oasis Football for Life family and are available to buy as both eBook and paperback from Amazon and other leading retailers.







"My under 12s team love the Kolo and the Mighty Mangoes stories. As a group we discuss the themes and questions together and learn from each other.

The stories have really helped the team to think about their own lives and I've seen their behaviour and character change because of what they have learnt and discussed."

- Wambi Hashim, Coach, Beersheba Football Club, Uganda.

You can find out more about Dave and his books by visiting:

www.davecaswellauthor.com



Tournament Experience for India Girls



At the Nallasopara hub in Mumbai, India, the girls have been enjoying recent tournaments alongside their regular practices and life skills sessions.

Two Oasis teams participated in a tournament in February, one from the Nallasopara hub and one from the KP hub. Coach Suzanne explains how the tournament went:

"Both the teams gave 100 percent and put up a tough fight. It was the first tournament for the many of the Nallasopara girls and just the second for a few of the others. Each of the teams played three matches, with the tournament divided into two groups with a league format. There were mixed results for the teams, NSP 'A' won one, drew one and lost one, while NSP 'B' lost all three of their matches. Despite this all the girls enjoyed the experience and learn a lot about teamwork."

The teams are now preparing for another tournament starting this month.







NSP 'B'



New Group of Savers in Uganda



In Uganda, the newly recruited Beersheba FC Under 12s have started their training in money management and savings. Their first session explored the basics of savings and why it is important, and they will soon be forming the own savings group, joining the 80 boys already part of the savings groups programme with their individual group!











"I am so excited to be playing with the Beersheba Football Club where I have got an opportunity to learn the saving skills. I was waiting for this opportunity because my elder brother who plays in the U14s always shares with me about things like this at Beersheba.

Being here as a beneficiary is so good to me. In this training I have learnt how to keep money and that the best and safest place for me as a child to keep it, is in a saving group. I am going to start saving with the little money my parents have given me."



"I used to go with my elder brother, who plays in the senior team, whenever he attended training sessions at Beersheba, and I used to admire the way things are done here. They equip children with knowledge in all different things, and this made me feel that I should join this club.

I have been privileged to attend this training where I learnt to save my money as the best way of managing it. As you learn to manage your money, you put aside some for saving. I am going to always put aside some money for weekly saving as soon as savings starts."

- Sharaf

- Fazali



John's Transformational Journey



We believe that true transformation takes time and at the Beersheba Football Club in Uganda, we work with boys from an early age, through their teens, and into their twenties. John started with Beersheba many years ago in the under 12s team and has progressed through all the age-specific teams over the years. This year he has been promoted to the senior team and shares a little about his time with Beersheba and the transformation he has seen in himself.



"I have worked for so many years to earn this promotion to play in the Beersheba FC senior team.

My personal development was not automatic. I went through several ups and downs as a young boy while part of the grassroots football trainings at Beersheba. My character was not good but I'm happy that Beersheba FC has got leaders who understand what children and young people go through as they grow up. They supported me to help me change and be a better person, though it was not instant, and it has taken time.

With the help of my coaches, I have improved in my character and behaviour as well as football. When I was in the U12s, U14s, and U16s, I received a lot of suspensions because of fighting, quarrelling, and disrespecting others. The disciplinary actions were tough, but it was for my development, and I am now seeing it as a point of reference.

I'm now able to deal with my thoughts and make right decisions. My confidence in the field has gone to another level, and my teammates are proud of me and the way I help the team. I possess good football qualities like leadership in the field, commanding and marking, and I have good communication. This is all down to the help and support of my coaches.

I used to admire older players when I was young, and now many young players are looking up to me and are learning a lot of positive things. I want to continue doing my best to support young players to learn to deal with their emotions and character so that they reach their full capacity in personal development."



- John, Beersheba FC, Senior Team



Supporting Children and Youth to Reach Their Full Potential