

oasis  
football  
for life



NEWSLETTER – DECEMBER 2019



# New FFL Resources Increase Impact

Three new Football for Life resources are increasing the impact of our projects around the world.

The first resource supports the setting up and delivery of FFL projects, providing a framework, documents and guidelines to help reach our global objectives while maintaining sensitivity to local culture and context. The other two resources support the delivery of the Oasis 9 Habits through football drills, questions and stories.

The resources have been trailed in Uganda, Mozambique and South Africa, where they have been well received, and we are now looking to roll them out across the wider FFL family. The resources also have built in monitoring and evaluation tools and processes to ensure impact is captured and measured.

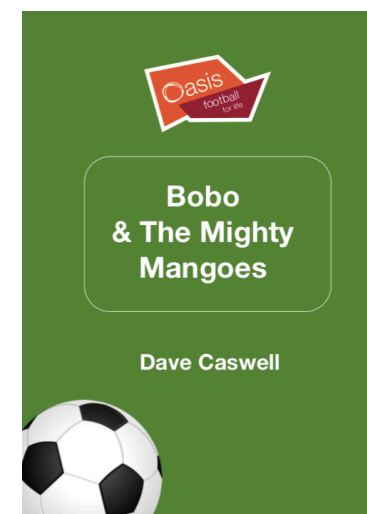
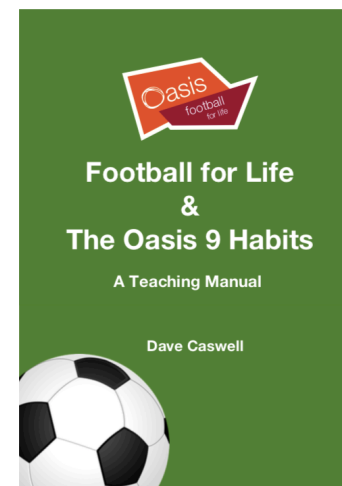
In 2020, we hope to introduce and deliver the 9 Habits resources in Oasis Academies in the UK.

“As boys at a young age go through both good and bad experiences, we believe it's important to have responsible people, and suitable means, to help guide them. One of our objectives is to help children and youth become good people in society, and we're committed to receiving boys from whatever background.

We use different resources and approaches, and we're currently using the “Football for Life Oasis 9 Habits” resource, which is helping our boys to grow in being: Compassionate, Patient, Humble, Joyful, Honest, Hopeful, Considerate, Forgiving, and Self-controlled.

The resource is easy for the coaches and boys to use as the lessons are delivered through football drills and stories. The boys are especially enjoying the “Bobo and the Mighty Mangoes” stories, where they can learn and discuss lots of issues through the life and experiences of the title character.”

- Fred, FFL Coordinator, Oasis Uganda.



# Global Coordinator Visits South Africa and Mozambique

Oasis Football for Life Global Coordinator, Dave Caswell, visited South Africa and Mozambique in September and October.

Dave led training sessions with staff and volunteers in both countries, introducing and teaching on the new “Football for Life and the Oasis 9 Habits” resource, supporting staff in delivery of the FFL outcomes and objectives, and working with players.

Dave also took part in and led football coaching sessions and life skills sessions, including sessions on teamwork, self-esteem, trust, and human trafficking.

He also had the opportunity to deliver football kits and balls donated by our friends at KitAid. KitAid have now donated kit to FFL projects in Uganda, Mozambique and South Africa.



“It was a privilege to visit our FFL project in South Africa and Mozambique and spend time with the amazing staff, volunteers, and players that make FFL happen.

It was great to train and mentor our staff and coaches to build on their existing skills and equip them to further develop FFL in their context.

In Mozambique in particular, staff were trained in the vision, objectives and approach of FFL in preparation for starting new projects in both Beira and Maputo. Staff were very receptive and we look forward to the growth of FFL in Mozambique in the coming year.

- Dave Caswell FFL Global Coordinator





# Beersheba FC Boys Graduate as Young Farmers!

In Uganda, boys from the Under 14s team recently graduated from the Young Farmers Club.

As part of the FFL project, the Young Farmers Club teaches boys all aspects of organic farming, with a strong emphasis on practical learning. The boys carry out their theoretical learning on small plots of land in small teams; not only do they learn the whole process of horticulture from preparing the land to harvesting, they also learn important life skills such as team work, patience and a good work ethic.

Over the two year programme the boys have learn about organic compost and fertilizer, as well as growing a variety of different crops to form part of a nutritious and balanced diet.

Crops that the boys grow are either taken home to eat with the families or sold to generate income for school books and other scholastic materials.



"I joined the young farmers club in 2017 when I was still in the U12s team. I didn't know that crops can be grown in all seasons until I was taken through the training, but now I can grow crops even in the hot season using mulches and irrigation.

Before being trained we would struggle to buy vegetables at home but I'm proud of being part of the Beersheba Football Club where they don't only train us in football skills but also in practical skills. I'm able to support my family through my garden work and always apply my modern farming skills on our maize and beans to get a bigger harvest. In the recent season we were able to harvest a lot compared to previous seasons when we did not apply some of these modern farming methods.

I'm very happy that I have finally graduated with my friends in the Young Farmers Club and attaining a certificate is another important document which will be useful in the future for career development."

- Joshua



# Stories of Transformation



"I'm always obedient to my coaches; that's why I'm seen as a good example in the team in terms of discipline. My coaches teach me to be humble and I know that humility in people is important when associating with others."

I value everyone in the team because I know that we are all gifted differently and that everybody has great strengths but also some weaknesses; we therefore need one another to take on different roles and responsibilities. I never lose hope even when things seem a bit hard; I always have the belief that things can change and that we can stay positive even when things are tough as we learn lessons about patience and endurance."

- 'Steady' Eddy, Beersheba FC, Uganda


"Committing yourself to working with teenagers is a very big task which takes a lot of patience and passion to accomplish. Young boys often behave in a way that irritates their leaders and if you're not patient you can easily give up. While I was growing up, I did certain things that annoyed my leaders but because they always wanted the best for me, they helped me to change my ways. Now I have no reason to give up on the boys I'm coaching when they go wrong. Instead I want to help them, and support them."

Making a positive contribution is what gives me joy and that's why I always give my best to this team, just as I was given the best to become this kind of leader. I don't regret giving time to this because I know I'm helping to raise a generation that will give back to the community. Beersheba Football Club is much more than a football club, but a place where I'm able to contribute to the community, through coaching and mentoring youth."

- Coach Ivan, Beersheba FC, Uganda





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