Dear all,

Important updates for you - and a thank you. :)

Thank You..

Nirmal Bhavan is Oasis’ residential rehabilitation home for girls and women who make the choice to leave the red-light area (RLA) and commercial sex work voluntarily. Here, they receive after-care where we ensure that they gain healing as well as social, personal, emotional and livelihood skills that enable them to take up alternative employment of their choice and are later reintegrated back into the society when they are ready.

During the pandemic, the women from the center were not able to go for work. As the lockdowns extended, many of you contributed for their monthly groceries and essential supplies. A heartfelt thanks to everyone who donated towards their well-being and helped meet their everyday needs.
In partnership with Indus Action, a public policy do-tank, our team reached out to over 200 families across three different communities in Bangalore, providing them with ration kits. These families were predominantly construction workers, domestic helpers, widows and those who have lost their jobs due to the pandemic. This relief support is crucial for these families as the needs at the ground level are much greater than what it appears.

For the past few years, Nalasopara has become home for several sex workers from the RLAs of Mumbai. COVID-19's second wave has been a huge blow for these women living in lockdowns, with no work, food or any kind of income to take care of their families. Sometimes these families struggle for one meal a day. Recently, our team in Nalasopara provided ration kits for over 30 women from the RLA to lighten their burden for survival.
Thanks to everyone who contributed towards this!

We will continue our fight to support, uplift and empower our communities during these tough times.

A Time For Hope

We met Sneha* during outreach at one of the brothels in Kamathipura. She was 11 years old, with a smiling face, beaming with curiosity. When our staff struck a conversation with her mother, Teju*, their story was nothing short of tragic. Teju came to the RLA to find a job and ended up working there for money to save her struggling family back in Kolkata. When Sneha was born, Teju struggled with depression and substance abuse, battling suicidal thoughts.

Fast forward to when we met Sneha and Teju, our staff invited them to visit our after-school programme (ASP) and that Sneha could be a part of it. They both immediately agreed and Sneha began attending ASP. As time went on, a smiling and curious Sneha began behaving very aggressively, beating and fighting with other students. She became a rebel, not wanting to obey any of the rules laid out for students to practice discipline in class. Our tutors noticed her actions and probed further to find why she was behaving this way. They found that Sneha was dealing with great trauma and abuse at home. Her mother often beat her and made her do all the household chores which led to a lot of frustration, fights and physical abuse. She was seeking the love and attention at ASP that she lacked at home.

Sneha is just one child, affected by her traumatic life in the brothel. Her story is a reflection of the thousand other children who carry years of trauma in them, unable to express their grief and struggle, eventually succumbing to the ways of life in the RLA. How can we impact their lives for the better? Our team counselled Sneha during one-on-one sessions regularly, teaching her the importance of knowing right and wrong.
and doing what is right. Every time Sneha was disciplined for her actions, she withdrew but our team continued to help her understand and realise the repercussions of her actions. With life skills sessions, Sneha has learnt to deal with her emotions and we see visible changes in her behaviour. We are positive that this is just the beginning of Sneha creating a hopeful and bright future for herself.

Sneha wants to grow up and become a police officer one day.

Technology has served as our biggest champion throughout the pandemic. The children and women in our programmes still have the opportunity to continue learning today during the pandemic because of technology. Here are the activities in our hubs!

### Chennai Hubs

**Chennai Hubs**

![Environment Day Celebration](image1)

![Fitness at Home](image2)

![Toy Bank Activities](image3)

**Toy Bank Activities**

**Vocational Tailoring Training**

**Beauty & Hairdressing Training**

In our Chennai hubs, children are kept busy with activities from Toy Bank, a non-profit that promotes children’s right to play. Right now, children from our ASP are engaged in Toy Bank activities and worksheets that strengthen the basics in education before they begin their next school year. They were also given awareness to observe important days like the Environment Day by planting seeds, making eco t-shirt bags etc.

Women who are part of our vocational tailoring programme are sent videos every week with tutors teaching them new techniques and designs. Similarly, women who are part of our beautician and hairdressing training practice at home and send photos and videos of
what they learn on their groups. All the women in our skill training programmes are trained and mentored virtually by their tutors!

Children in our sports programme workout at home everyday to keep themselves active. Hear what Vishal from our sports programme has to say:

"I've been in Oasis' sports programme for the past 5 years. I have a learnt a lot about football and good behaviour in life skills. Due to the lockdown, it has been a struggle at home to manage our family but we are getting by. Also, we are unable to play and practice football everyday which is very frustrating. Now, we get to do workouts at home to keep ourselves healthy and fit. I am happy to keep myself active everyday!"

Bangalore Hub

In partnership with the Primary Health Care Center, our team in Hallegudadhahalli
(HGH), Bangalore held a successful vaccination drive for the staff, volunteers and self-help group members, to receive their first dose of the COVID vaccine. This was done with the goal to motivate the community to get vaccinated for themselves and their families.

Our ASP children in HGH are given regular assignments over the phone on story writing, math, learning new language and observing important days and causes. The tutors also make it a point to check in on the welfare of the students to detect any form of abuse that they are facing at home and also talk to the parents to check in on their mental health during these trying times. This has enabled us to build a good rapport with both parents and the children.

Mumbai Hubs

Through a local partnership, our change agents helped distribute 100 ration kits to sex workers in Kamathipura, Mumbai. These women have had no income for the past few months and the timely ration relief has been of great help to them. Our team continues to conduct awareness and life skills sessions to keep women in the brothels motivated and hopeful.

Across our hubs in Mumbai, the children, youth, and women in our programmes continue to attend classes and sessions virtually. 10 of our ASP children attended a fun-filled 6-day virtual summer camp organised by the Reliance Foundation. They
loved learning new things and were very eager to attend every day. Our ASP students also have regular online classes to help them with their academics and to keep them engaged in other activities. In Nalasopara, children who are part of the informal education receive their worksheets ahead of time from their tutor. Our team also provides regular nutrition for children from the Nalsopara community to keep them nourished and healthy. The girls’ team of our sports programme practice football and workout at home to keep themselves active.

Punganur Hub

Lion’s Club Adhya Team conducted a session on spoken english for 15 students in Punganur and this is one of the many classes that are to come that will strengthen the students’ confidence in Spoken English. Women and children who are part of the vocational skills training and ASP are taught lessons virtually and are given activities everyday.

Take Action Today.
DONATE A RATION KIT FOR A FAMILY