

Over the years, we have been blessed to have volunteers who shared their time and skills with us, thus adding immeasurable value to our programs. If you have the time, please do consider volunteering with us in whichever area you are interested in. We would love to have you!

# "You make a living by what you get. You make a life by what you give." ~Winston Churchill

While volunteering is an altruistic activity where we can provide our services and contribute to the benefit of another individual, it is also well-known that it develops and nourishes our own skills and improves our quality of life.



Volunteers at our concert in Chennai

- Volunteering can build relationships, as you get to network and meet likeminded individuals who are passionate for similar causes. This can even turn into long-term, fulfilling friendships.
- Volunteering can lead to personal growth, benefiting us both mentally and physically, as the adrenaline and sense of purpose can combat stress, anxiety, depression and increase our self-confidence.
- Volunteering can boost career experience, and provide a solid platform to practice our professional skills as well as learn problem-solving, communication, teamwork, project planning and management.
- Volunteering can bring you out of your comfort zone, where we can explore
  diverse communities different from ours and venture towards newer
  experiences, cultures and commit to newer perspectives.

"The smallest act of kindness is worth more than the grandest intention." ~
Oscar Wilde

There are several alarming challenges facing our world today, and you can choose the issue that you are passionate to help change. You can serve to facilitate programmes for the well-being and development of a community. You can become

a great resource for an organisation to engage with the community and assist in creating a sustainable future for them. The choices, and potential, are endless. So jump in, even if you have never volunteered before!

Ranita Sarma Relationship Officer Oasis India, Bangalore



Oasis India's Mentoring Programme is a volunteering opportunity in Chennai where you will mentor children from our after-school programme (ASP) to enhance their personal growth. The mentor meets regularly with the child, builds rapport through fun activities, and be a guide and positive role model the child can look up to.

A mentor's experience in her own words:



I came across an ad about Oasis' Mentoring Programme on Facebook and jumped at the opportunity. Initially, we had a training session with the staff to get an understanding of the community and the children there. And I was matched with Sai Priya, a 10-year-old girl. As I got to know her through activities and one-on-one conversations, it was clear that she craved for the love and attention that she was deprived of at home. Even though it was my first time mentoring a child, I focused on listening to her and making her feel loved. This helped her to open up more. She has so much potential to do well in life and I greatly look forward to encouraging her through it all. Sometimes it's a positive influence that can make a lot of difference in a child's life. In my sessions with Sai thus far, I have learnt as much as she has and it's an inspiration to see how these children go beyond the barriers around them. I look forward walking with her this to on journey.

Judith,
College student

At Oasis, we have several events and videography projects that volunteers can choose to take up. One of our annual events is the Mukthi Bike Challenge, a week-long bike ride along the Bangalore-Mumbai trafficking routes. If you are interested to hop on and document the ride, email us at communication@oasisin.org.



## Tips to volunteer wisely

- Research the causes or issues important to you
- Consider the skills you have to offer
- Volunteer to learn a new skill or gain exposure
- Look for opportunities that will also help you achieve your other goals in life
- Don't over-commit your schedule
- Consider volunteering as a family
- Consider virtual volunteering if you are strapped for time or are in a different city you can work over the internet or from home





## TUTOR A CHILD

Teach English and Math at our Krishnarajapuram Hub in Bangalore, India.

> CONTACT: DANIEL JABARAJ - +91 96864 78382

### Internship Testimonials



Oasis' mission is to make India better for women and children. There are several individuals including children who live in high-risk areas every day and choosing to volunteer for THIS cause gave me enormous satisfaction.

My visit to Basin Bridge in Chennai was the best part of my volunteering experience. I had the opportunity to converse with women and children in the community. Many of

hose women are part of the 6-month vocation tailoring course. We documented their learning experiences through a video shoot and it was beautiful to see how they felt comfortable within their group. Listening to the different issues that these women and children face every day, taught me to never take anything for granted. This experience was one of a kind.

Kareshma Intern



Interning with Oasis has helped me see the reality of the lives of many. Visiting the slums in Chennai was the hardest part of my work as I was extremely emotional witnessing their living conditions.

It was a memorable journey of not just meeting new people but new experiences as well. Velankani, who is part of Oasis India's social enterprise at Basin Bridge is my motivation in life. She does not let her physical disability be an obstacle to success but walks almost 15 minutes every day, crossing railway tracks with her crutches to get to the tailoring center. It makes me happy to see how she uses the opportunities available to help change her life. We all constantly look for meaningful ways to use our talents and skills, and I was fortunate enough to do that with Oasis.

Husnel Sharon Intern

#### "Volunteers do not necessarily have the time; they just have the heart." ~ Elizabeth Andrew

If you share the same heart and passion as us, contact us!

#### Drop an email to divya.nissi@oasisin.org

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